## How to visit the Tweedsmuir virtual Community Cafe

You need a computer, tablet or smartphone and internet access.

Sign up for a free account on the Zoom website (www.zoom.us).

From the website you can download Zoom onto your computer/laptop, or download the Zoom app onto your mobile device from your usual app-store.

Launch the app when you want to visit the virtual cafe, and click or tap the blue "join a meeting" button.

You will then be prompted to write in the meeting ID number and click or tap the blue "join" button.

You will also be asked for a password – Zoom has just introduced this measure to provide more security for users.

The password is: **Tweedsmuir** 

## Cafe opening hours

Tuesday 11:00 - 12:00 AM Virtual Community Cafe hosted by Christine and Gavin Parker Meeting ID is 119-583-523

Thursday 01:00 - 02:00 PM Virtual Community Cafe hosted by Lesley Kirkwood Meeting ID is 541-078-598

Friday 03:00 - 04:00 PM Virtual Community Cafe hosted by Frances Leckie Meeting ID is 115-480-460

Sunday 07:30 - 08:30 PM Virtual Community Cafe hosted by Lesley and Andrew Mason Meeting ID is 274-556-699

Grab yourself a cuppa and a cake or biscuit (why not!) and join in online for a chat!

**User tip:** Once you are in the cafe, you can tap or click in the top right hand corner of the Zoom window to move between "speaker view" and "gallery view". The latter will make it easier to see the other people there!

If you have any questions or you run into any difficulties along the way, get in touch and I will do my best to help. You can email me frances@independentliving.co.uk or phone 0776 313 9964.

Please also bear in mind that we are all pretty new to this technology and there may be some initial teething troubles, so please be patient as we get up and running.

Frances Leckie, Sunday 5th April